

Granite City 5K
 Heritage Park, St. Cloud, MN
 Saturday, August 1, 2009
 5000 Meter trails course - certified
 60 degrees, 10 mph WNW, mostly cloudy

1	1	M20	Dan Allen, 21, Waite Park, MN	16:57
2	2	M20	Kyle Neumann, 20, Andover, MN	16:57
3	1	M30	Brad Bauer, 34, Cold Spring, MN	17:38
4	3	M20	Chris Duffy, 27, St. Cloud, MN	18:24
5	1	MJr	Nick Golebiowski, 13, St. Cloud, MN	18:34
6	1	MHS	Tony Aeshliman, 17, Otsego, MN	19:03
7	2	MHS	James Bzdok, 17, St. Cloud, MN	19:07
8	2	M30	Jamie Haugen, 38, Olivia, MN	19:11
9	1	M50	Larry Dale, 54, Dalbo, MN	19:48
10	2	M50	Rich Hlebain, 58, Sartell, MN	19:53
11	3	MHS	Zach Wood, 17, St. Cloud, MN	19:56
12	4	M20	Greg Jamison, 25, St. Cloud, MN	19:57
13	3	M50	Dan Rolfes, 54, St. Joseph, MN	19:59
14	1	WHS	Heidi Peterson*, 17, Sartell, MN	20:00
15	4	MHS	Jack Stiegel, 17, St. Cloud, MN	20:26
16	1	M40	Lyndon Johnson, 44, Sauk Rapids, MN	20:26
17	2	WHS	Greta Danielson*, 15, St. Cloud, MN	20:27
18	3	WHS	Elena Danielson*, 14, St. Cloud, MN	20:29
19	5	M20	Scott Parker, 28, Minneapolis, MN	20:50
20	5	MHS	Tyler Johnson, 17, Alexandria, MN	21:01
21	6	M20	Brian Lashinski, 28, Saginaw, MN	21:19
22	6	MHS	Todd Johnson, 17, Alexandria, MN	21:25
23	3	M30	Scott Brever, 30, St. Joseph, MN	21:30
24	1	W40	Lisa Hines*, 46, Waite Park, MN	21:32
25	2	M40	John Vornholt, 42, New London, MN	21:37
26	3	M40	Loren Finlayson, 44, Sauk Rapids, MN	21:41
27	2	W40	Renee Saxman*, 48, Rochester, MN	21:44
28	4	M40	Tony Hasti, 42, Cokato, MN	21:45
29	4	M50	Michael Murray, 50, Sartell, MN	21:49
30	5	M40	John Ellis, 42, Cold Spring, MN	21:53
31	1	W30	Emily Carlson*, 34, Dassel, MN	21:57
32	5	M50	Daniel Carlson, 56, Dassel, MN	21:58
33	4	M30	Martin Schlemmer, 37, London, ON	22:11
34	3	W40	Cindy Lewandowski*, 47, Sartell, MN	22:13
35	1	M60	Denny Wintheiser, 65, Sauk Rapids, MN	22:30
36	6	M50	John Pederson, 53, Annandale, MN	22:30
37	1	W20	Laura Dutt*, 22, Aberdeen, SD	22:36
38	2	W20	Amanda Spaeth*, 22, St. Cloud, MN	22:40
39	7	M20	Tait Teigen, 20, Becker, MN	22:41
40	4	WHS	Mandy Witschen*, 17, Monticello, MN	22:46
41	5	M30	Michael Soucy, 37, Monticello, MN	22:46
42	1	WJr	Mackenzie Dockendorf*, 11, St. Stephen, MN	22:51
43	7	M50	Arvid Fristad, 52, Sartell, MN	23:11
44	6	M40	Troy Hoekstra, 42, Rice, MN	23:18
45	2	W30	Marie Zalenga*, 32, Sauk Rapids, MN	23:20
46	8	M50	Tim Wolfram, 55, St. Cloud, MN	23:24
47	2	WJr	Rebecca O'Hotto*, 12, Oak Grove, MN	23:26
48	9	M50	Jeff Michalski, 51, Sartell, MN	23:29
49	3	W20	Emily Steele*, 18, Cambridge, MN	23:43
50	8	M20	Collin Rudnitski, 24, St. Cloud, MN	23:48
51	6	M30	Brian Schraut, 39, Sauk Rapids, MN	23:52

52	7	M30	Dave Bohlsen, 36, Otsego, MN	24:12
53	5	WHS	Breanna From*, 15, St. Cloud, MN	24:24
54	9	M20	David Barthel, 26, Sauk Rapids, MN	24:27
55	4	W20	Alissa Theis*, 27, Sauk Rapids, MN	24:27
56	7	M40	Kurt Brethorst, 40, Big Lake, MN	24:29
57	3	W30	Shannon Lindgren*, 37, Clear Lake, MN	24:35
58	4	W30	Stacie Karasch*, 34, Sauk Rapids, MN	24:54
59	3	WJr	Mariah Betzler*, 13, Clearwater, MN	24:57
60	8	M30	Glen Villarreal, 37, St. Cloud, MN	24:58
61	9	M30	Robert Hesse, 39, Sartell, MN	24:58
62	4	WJr	Paige Danielson*, 12, St. Cloud, MN	24:59
63	5	W30	Julie Kaiser*, 39, Maple Grove, MN	25:09
64	10	M20	Matthew Malecek, 28, St. Cloud, MN	25:15
65	5	WJr	Kayla Kaiser*, 14, Maple Grove, MN	25:38
66	7	MHS	Jacob Kohler, 17, Big Lake, MN	25:39
67	5	W20	Annie Deckert*, 27, Monticello, MN	25:41
68	6	WHS	Miki Dockendorf*, 15, St. Stephen, MN	25:48
69	6	W30	Yvette Dockendorf*, 39, St. Stephen, MN	25:48
70	7	W30	Michelle Aysta*, 32, Boise, ID	25:49
71	7	WHS	Brittney Shipman*, 17, Monticello, MN	25:51
72	8	W30	Maria Wintheiser*, 38, Sartell, MN	25:53
73	2	M60	Michael Rothweiler, 61, Ham Lake, MN	25:54
74	8	M40	John Mikel, 43, Annandale, MN	26:06
75	8	WHS	Julia Stiegel*, 16, St. Cloud, MN	26:07
76	9	WHS	Ariel Reischl*, 17, Sartell, MN	26:08
77	9	W30	Amanda Mackedanz*, 30, Becker, MN	26:15
78	10	W30	Kerry Youso*, 33, St. Cloud, MN	26:32
79	10	WHS	Marcie Ratliff*, 16, St. Cloud, MN	26:37
80	9	M40	Dean Zenner, 44, St. Cloud, MN	26:38
81	1	W50	Kathryn Carlson*, 51, Waite Park, MN	26:39
82	10	M50	John Bodette, 59, St. Cloud, MN	26:41
83	6	W20	Neysa Davis, 27, Sartell, MN	26:42
84	2	MJr	Mitchell Dockendorf, 10, St. Stephen, MN	26:49
85	3	MJr	Ryan Koenig, 7, Clearwater, MN	26:50
86	7	W20	Greta Gray*, 19, St. Cloud, MN	27:03
87	10	M40	Kevin Gray, 49, St. Cloud, MN	27:03
88	8	MHS	Nathan Lingbeck, 15, Eagle Lake, MN	27:08
89	11	W30	Angel Holthaus*, 31, Richmond, MN	27:10
90	8	W20	Alison Thorsness*, 23, Foley, MN	27:11
91	11	M20	Matt Thorsness, 21, Foley, MN	27:28
92	12	W30	Deb Klaverkamp*, 36, Clearwater, MN	27:29
93	10	M30	Chris Rogholt, 37, Sauk Rapids, MN	27:29
94	13	W30	Rebecca Haug*, 34, St. Cloud, MN	27:30
95	11	M30	Aaron Karasch, 34, Sauk Rapids, MN	27:44
96	2	W50	Kelly Hover*, 51, St. Cloud, MN	27:54
97	14	W30	Laura Tangen*, 34, Sauk Rapids, MN	27:55
98	15	W30	Beth Driste*, 39, Sartell, MN	28:14
99	11	M40	Dave Driste, 43, Sartell, MN	28:14
100	12	M30	Brian Davis, 35, Sartell, MN	28:19
101	12	M40	John Fuls, 40, Sauk Rapids, MN	28:21
102	13	M40	Chris O'Hagen, 47, St. Cloud, MN	28:27
103	1	M70	Evan Jones, 70, St. Cloud, MN	28:34
104	9	W20	Amy Rodine*, 26, St. Cloud, MN	28:35
105	9	MHS	Austin Lampson, 16, Otsego, MN	28:36
106	2	M70	Gene Kalscheuer, 72, Sauk Rapids, MN	28:41
107	16	W30	Heather Anderson*, 31, Sauk Rapids, MN	28:42
108	17	W30	Elisa Nielsen*, 33, Sauk Rapids, MN	28:48

109	14	M40	Tommy Rodine, 41, St. Cloud, MN	28:48
110	10	W20	Shannon Engel*, 22, Bloomington, MN	28:48
111	15	M40	Ross Stenersen, 40, Minneapolis, MN	28:49
112	11	W20	Leah Thom*, 21, Glencoe, MN	28:52
113	3	W50	Linda Christen*, 53, Waite Park, MN	28:52
114	12	W20	Marissa Bialek*, 24, Waite Park, MN	28:54
115	11	WHS	Kate Braun*, 15, St. Cloud, MN	28:55
116	16	M40	Cletus Koenig, 45, Clearwater, MN	29:00
117	4	W50	Denise Baxter*, 50, St. Cloud, MN	29:01
118	13	W20	Katie McCaffrey*, 22, Fort Collins, CO	29:01
119	4	MJr	Tanner Fuls, 10, Sauk Rapids, MN	29:03
120	18	W30	Gretchen Fisher*, 31, Zimmerman, MN	29:03
121	12	WHS	Marissa Russell*, 14, St. Cloud, MN	29:06
122	14	W20	Coley Spooner*, 28, Minneapolis, MN	29:06
123	17	M40	Jerry Lee Leite, 47, St. Cloud, MN	29:18
124	18	M40	John Dockendorf, 40, St. Stephen, MN	29:24
125	15	W20	Erin Scapanski*, 27, Sauk Rapids, MN	29:32
126	13	M30	Matthew Flesner, 39, Plymouth, MN	29:32
127	3	M70	Alan Phillips, 75, St. Cloud, MN	29:48
128	14	M30	Michael Gorman, 39, St. Cloud, MN	30:13
129	16	W20	Brooke Donner*, 28, Princeton, MN	30:25
130	19	M40	Dean Mikel, 48, Stewartville, MN	30:31
131	17	W20	Katie Decker*, 28, Foley, MN	30:38
132	11	M50	Tom Ralph, 54, St. Cloud, MN	30:45
133	6	WJr	Lauren Mikel*, 12, Stewartville, MN	31:11
134	18	W20	Elizabeth Schulte*, 24, Sauk Rapids, MN	31:25
135	4	W40	Laura Tomczik*, 40, Sartell, MN	31:39
136	13	WHS	Katrina Froelich*, 16, St. Cloud, MN	31:43
137	19	W20	Anna Gruber*, 22, Sartell, MN	31:48
138	14	WHS	Rochelle Muller*, 15, St. Cloud, MN	32:10
139	4	M70	Francis Januschka, 78, St. Cloud, MN	32:15
140	19	W30	Carla Betzler*, 38, Clearwater, MN	32:16
141	20	W30	Monica Lindlief*, 32, Sartell, MN	32:16
142	7	WJr	Bethany Koenig*, 13, Clearwater, MN	32:17
143	20	W20	Beth Kampa*, 28, Elk River, MN	32:22
144	10	MHS	Michael Thomas, 15, Maple Lake, MN	32:36
145	5	W50	Lora Thomas*, 52, Maple Lake, MN	32:37
146	21	W20	Jessica Sutton*, 21, Clear Lake, MN	32:37
147	22	W20	Laura Martie*, 21, Zimmerman, MN	32:37
148	5	W40	Maggie Gray*, 49, St. Cloud, MN	32:40
149	21	W30	Sara Mruz*, 33, St. Cloud, MN	32:47
150	6	W40	Tammy Faffler*, 47, St. Anthony, MN	33:06
151	1	W60	Carol Wintheiser*, 65, Sauk Rapids, MN	33:18
152	22	W30	Kimberly Wintheiser*, 30, Sauk Rapids, MN	33:18
153	23	W30	Renee Conte*, 39, Clearwater, MN	33:19
154	24	W30	Teresa Zuehl*, 39, Clearwater, MN	33:19
155	25	W30	Karla Tomczik*, 36, Plymouth, MN	33:56
156	26	W30	Andrea Olmscheid*, 32, Paynesville, MN	33:59
157	6	W50	Irene Rothweiler*, 56, Ham Lake, MN	34:36
158	27	W30	Amy Pallansch*, 34, Sartell, MN	34:50
159	28	W30	Michelle Gapinski*, 36, Clearwaer, MN	35:05
160	7	W40	Kari Zenner*, 47, Maple Grove, MN	35:05
161	20	M40	Troy Lingbeck, 44, Eagle Lake, MN	35:26
162	29	W30	Jennifer Hennen*, 39, Avon, MN	35:50
163	8	WJr	Casey Mikel*, 12, Annandale, MN	36:01
164	23	W20	Abigail Thomas*, 19, Maple Lake, MN	36:13
165	8	W40	Kim Lingbeck*, 43, Eagle Lake, MN	36:19

166	9	W40	Michelle Mitchell*, 40, Sartell, MN	36:36
167	30	W30	Shannon Kritzeck*, 34, Sartell, MN	36:39
168	7	W50	Pat Kritzeck*, 55, Cambridge, MN	36:39
169	15	WHS	Mikala Determan*, 15, St. Cloud, MN	36:57
170	31	W30	Laurie Determan*, 36, St. Cloud, MN	36:57
171	10	W40	Jodie Milroy*, 41, Clear Lake, MN	37:08
172	11	W40	Kim Holz*, 48, Big Lake, MN	38:16
173	32	W30	Roz Hoff*, 33, Ogilvie, MN	38:17
174	9	WJr	Paige Lingbeck*, 12, Eagle Lake, MN	38:29
175	24	W20	Joy Bleichner*, 27, St. Cloud, MN	38:34
176	12	M20	Kenneth Tritch, 27, Princeton, MN	40:08
177	25	W20	Wendy Husby*, 27, Princeton, MN	40:08
178	33	W30	Cindy Hank-Fuls*, 39, Sauk Rapids, MN	41:19
179	26	W20	Rebecca Soldner*, 26, Cold Spring, MN	42:00
180	34	W30	Carol Thoma*, 34, Little Falls, MN	43:23
181	8	W50	Bev Thorsness*, 52, Foley, MN	45:41